

SEMINAR NOTES

SAM GLENN

7 ATTITUDE LESSONS

We can't control what goes on around us, but we can control our perceptions, responses and actions, which ultimately form our attitude. The challenge is, negativity often creeps in wreaking all sorts of havoc. And sometimes it only takes one negative person to ruin the experience for the entire team. In this hilarious, eye-opening program, you'll discover the keys to maintaining a positive attitude through 7 practical steps that will make a real difference in any and every area of your life. From memorable stories to practical strategies, you'll walk away from this seminar with a new outlook into the way you interact with your coworkers, clients, family, and friends.

Sam Glenn is regarded as a leading expert on the subject of attitude. In addition to being featured in numerous TV talk shows and radio programs, he is the author of several success and inspirational books. Sam was also named Speaker of the Year by Meetings and Events Magazine, as well as Meeting Professionals International. But finding success wasn't an easy path for Sam. At one point he was negative, broke, depressed, homeless and worked odd jobs to get by. Sam's attitude was sinking quickly until a friend gave him a "Kick in the Attitude," a gift that changed his life forever. Today, Sam travels the world sharing this wisdom with organizations representing a wide range of industries. Sam's philosophy is simple: Life gets better when we get better and it all starts with ATTITUDE.

**How to Lighten Up,
Have More Fun,
& Create a
Better Culture**



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